



# KASHI INSTITUTE OF PHARMACY

ISO 9001 : 2015 (QUALITY MANAGEMENT SYSTEM)

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## Life skills (Yoga, physical fitness, health and hygiene)

Session: 2023-24

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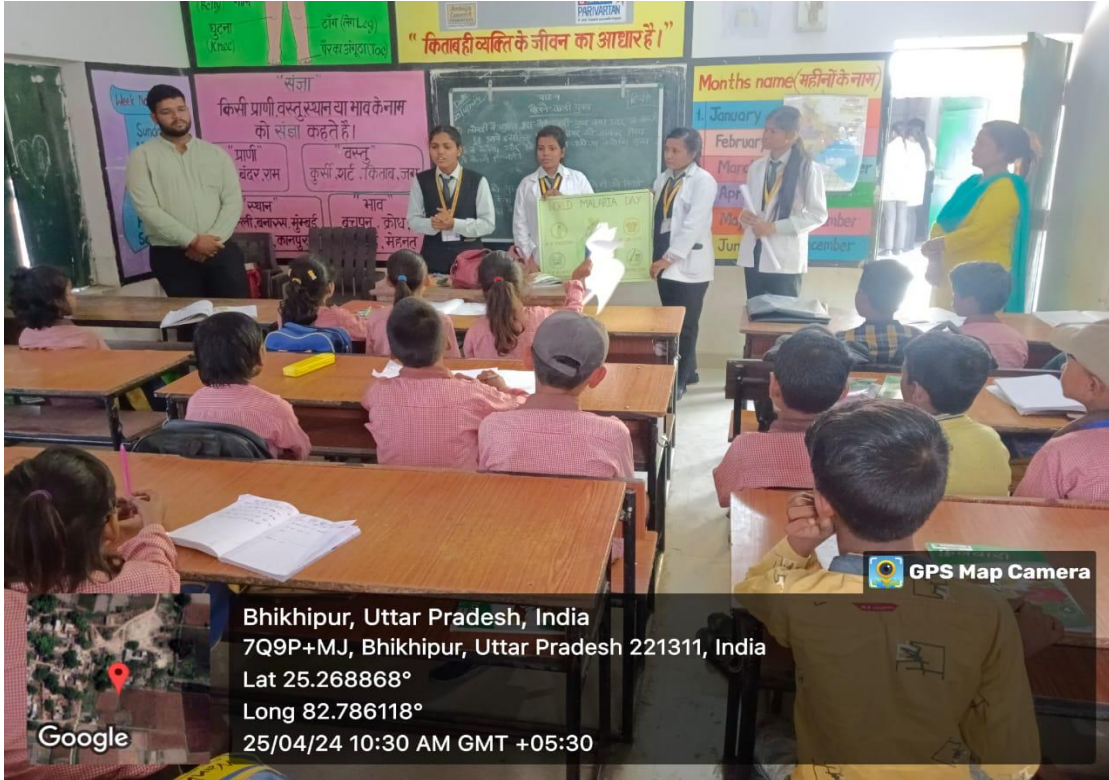
| Sr. No. | Name of Activity  | Date       |
|---------|---|------------|
| 1.      | <p><b>International Yoga Day</b></p> <p>On 21st June 2024, Kashi Institute of Pharmacy celebrated International Yoga Day. In this morning at 9:00 am, the college Director Dr. Ashutosh Mishra, faculty members, staff and students were present and doing yoga which was instructed by yoga teachers. This Yoga brings/helps us to balance between body, soul and mind. It helps us to understand the purpose of life and how to survive in the current changing. Students also presented the poster for the benefit of yoga.</p>   | 21/06/2024 |



## 2. Malaria Awareness Program

25/04/2024

Kashi Institute of Pharmacy organized an awareness session on “World Malaria Day” on 25th April 2024 at Bhikhipur Primary School. The aim of program was to raise awareness and eliminates this life-threatening disease.





### 3. Vaccination Awareness Program

08/04/2024

An awareness session was organized by Kashi Institute of Pharmacy in S.B.P Inter college, in which poster presentation was given by students. They got to know about the vaccine and their uses as well as the helpline number.



**Vaccination Awareness Program**  
organized by Kashi Institute of Pharmacy





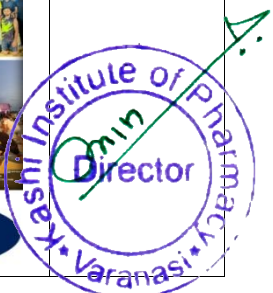
#### 4. Aavhan Program

The thrilling three-day sports competition championship "AAVHAN 2K24" concluded with a spectacular finale held at the Kashi Group of Institution. The program was concluded with vote of thanks by Dr. Ashutosh Mishra (Director, KIP) & Sports Officer Mr. Ajay Vikram.

01/04/2024



Glimpses of "AAVHAN 2K24" @KGI





## 5. Unnat Bharat

Health awareness campaign was organized under the umbrella of Unnat Bharat Abhiyan by the Kashi Institute of Pharmacy on 6<sup>th</sup> March 2024 at Pratappur village, Mirzamurad, Varanasi. Our team spread the awareness about the health and Pharmacy Education.

06/03/2024



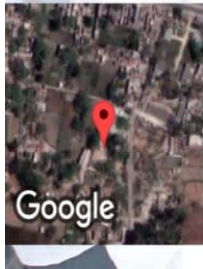

Kashi Institute of Pharmacy  
 Director  
 Varanasi



## 6. School Visit

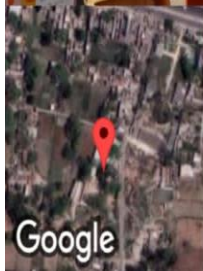
28/02/2024

Kashi Institute of Pharmacy celebrated National Science Day by spreading awareness at nearby schools Composite School on 28<sup>th</sup> February, 2024. The aim of program was to raise awareness among the students about Science.



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## 7. Leprosy Awareness Program

30/01/2024

Kashi Institute of Pharmacy organized an awareness program on “Leprosy” on 30<sup>th</sup> January, 2024. The aim of program was to create awareness against the stigma attached to the disease, by making the general community aware that it is a disease spread by a type of bacteria and it can be easily cured.



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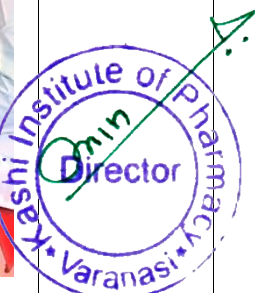


## 8. Blood Donation Camp

11/12/2023

On 11<sup>th</sup> December 2023, Kashi Institute of Pharmacy organized successful blood donation camp in campus. Doctors and staff collected blood and educated donors about the significance of their contributions. Donors received certificates of appreciation and tokens of gratitude.



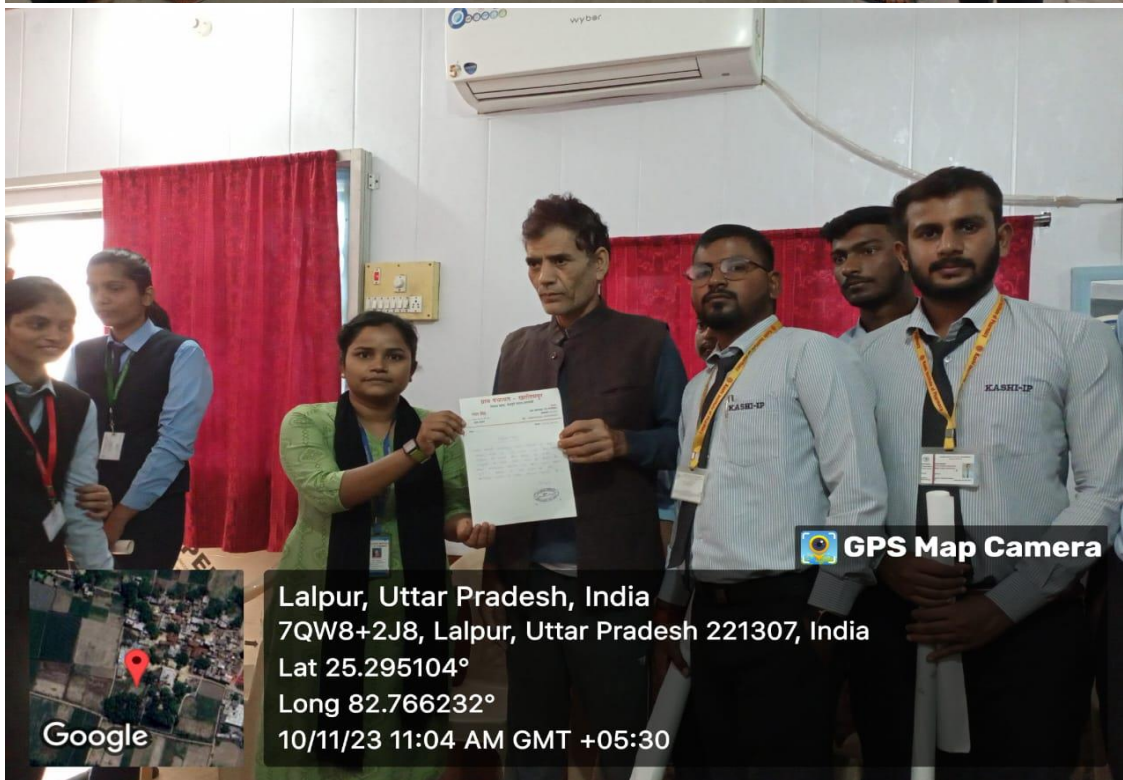
  
Director  
Kashi Institute of Pharmacy  
Varanasi



## 9. Awareness on Balance Diet

10/11/2023

Kashi Institute of Pharmacy organized an awareness program on “Balance Diet” on 10<sup>th</sup> November 2023 at Khalishpur village. The aim of program was to raise awareness about the healthy diet amongst the villagers and child.

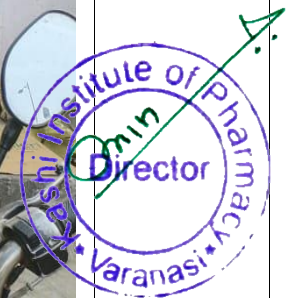




## 10. World Osteoporosis Day

20/10/2023

Kashi Institute of Pharmacy organized an awareness program on “Osteoporosis” on 20<sup>th</sup> October 2023. The aim of program was to raise awareness of prevention, diagnosis and treatment of osteoporosis and related musculoskeletal diseases and inspire people to take action on their bone health. Students spread the door to door awareness among the villagers and common people





## 11. World Pharmacist Day (Angdaan Mahadan)

25/09/2023

Kashi Institute of Pharmacy successfully conducted and celebrated the 'World Pharmacists Day' on 25<sup>th</sup> September, 2023. 'Pharmacy Strengthening Health Systems' is the theme of this year. Different competition and event was organized on this day, to encourage students and make them aware about concept of pharmacy and its importance in day to day life. Awareness session was also organized at Kisan Intermediate College.



## विश्व फार्मासिस्ट दिवस' मनाया गया

परिवर्तन दूत, ब्यूरो।  
मिर्जामुराद। स्थित काशी इन्स्टीट्यूट आफ फार्मसी में सोमवार को 'विश्व फार्मासिस्ट दिवस' मनाया गया। कार्यक्रम का शुभारंभ सरस्वती वन्दना के साथ हुआ। इस कार्यक्रम के अवसर पर दवाओं के साइड इफेक्ट और उनके दुष्प्रभाव पर किसान इंटर कॉलेज मिर्जामुराद में फार्मसी संकाय के शिक्षकों एवं छात्रों द्वारा जागरूकता अभियान का संचालन किया गया। इस कार्यक्रम के अन्तर्गत काशी इन्स्टीट्यूट आफ फार्मसी के द्वारा किसान इंटर कॉलेज के छात्रों के प्राथमिक उपचार के लिए फर्स्ट ऐड किट प्रदान किया गया। किसान इंटर कॉलेज के प्रधानाचार्य शिवराज मिश्रा ने काशी इन्स्टीट्यूट आफ फार्मसी के द्वारा आयोजित जागरूकता अभियान की प्रशंसा की। काशी इन्स्टीट्यूट आफ फार्मसी के डायरेक्टर प्रो०(डा०) आचुतोष मिश्र ने छात्रों को 'विश्व फार्मासिस्ट दिवस' के बारे में सम्बोधित



किया एवं जागरूकता अभियान के सभी सदस्यों को शुभकामनाएँ दीं। काशी इन्स्टीट्यूट आफ फार्मसी वेड रेजिस्ट्रार श्री एम के प्रजापति ने छात्रों को दवाओं के सदुपयोग के बारे में अपने विचार प्रस्तुत किए। धन्यवाद प्रस्ताव काशी इन्स्टीट्यूट आफ फार्मसी के एचओडी० डा० विवेक केशरी ने किया तथा समरोह में मेधावि छात्रों का

सम्मान किया गया। जिसमें फ्लाकार्ड में ऑंचल सिंह, पोस्टर में शिवम एवं जेसिका, रंगोली में बबिता, खुशी रंभा, फलक गायन में ऑंचल औरल में आराध्या तथा ड्रामा में ओर्गन डोनेशन ग्रुप ने प्रथम स्थान प्राप्त किया। इस अवसर पर काशी इन्स्टीट्यूट आफ फार्मसी के परिषद में वृक्षारोपण का आयोजन भी किया गया।





## 12. Nutritional Awareness Program

09/09/2023

An awareness programme on National Nutrition Week was organized by Kashi Institute of Pharmacy at Composite School Araziline, Mirzamurad, Varanasi. The event includes presentation by Mr. Naveen Maurya in which he educate the public, especially women and children, about the significance of a balanced diet, adequate nutrition, and the role it plays in promoting good health, preventing malnutrition, and reducing the risk of various health issues.



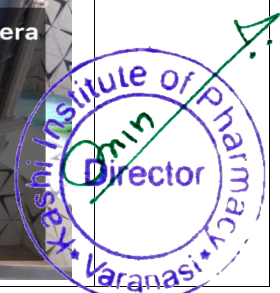
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## 13. Hepatitis Awareness Program

26/07/2023

Kashi Institute of Pharmacy organized an awareness session on “Hepatitis” on 28<sup>th</sup> July 2023. The aim of program is to increase public awareness about the issue and the necessary steps to enhance efforts in the prevention, screening, and control of viral hepatitis. A presentation was delivered by the faculty to aware the students.



### KASHI GROUP OF INSTITUTIONS

Technology | Pharmacy | Management & Science  
 AKTU, BTEUP, MGKVP Affiliated | AICTE & PCI Approved  
 B.Tech. - MCA - MBA - BCA - BBA - Polytechnic - B.Pharm. - D.Pharm.



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**Awareness Session on “World Hepatitis Day” organized by Kashi Institute of Pharmacy**

**1800-123-321-123**      **9305537364**

[www.kashiit.ac.in](http://www.kashiit.ac.in)      23 KM Varanasi-Prayagraj Highway, Mirzamurad, Varanasi (U.P.) - 221307

